

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Helen Smith (52y) 😹

has completed a swim observed by IISA:

Date: 30-Nov-2019 Venue: Hatfield Lake Doncaster Distance: 1250 metres Swim Time: 00:34:00.00 Water Temp: 6.50°C Wind Chill: 0.00°C Stroke: Crawl

Observer: Leon Fryer Great Britain

## KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION