



CERTIFICATE OF ACHEIVCMENET

This is to acknowledge that

Helen Smith (51y) 

has completed a swim observed by IISA:

Date: **01-Jan-2019**

Venue: **Serpentine**

Distance: **1800 metres**

Swim Time: **00:42:00.00**

Water Temp: **6.60°C**

Wind Chill: **6.60°C**

Stroke: **Crawl**

Observer: **Nick Hungerford**
Australia

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION