



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Adam Boon (49y) 

has completed a swim observed by IISA:

Date: **03-Dec-2023**

Venue: **Wadenhoe, Northamptonshire, UK**

Distance: **1000 metres**

Swim Time: **00:19:15.00**

Water Temp: **3.60°C**

Wind Chill: **0.00°C**

Altitude: **Sea Level metres**

Stroke: **Crawl**

Observer: **David Coleman**
New Zealand

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION