



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Iris Ashman (56y) 

has completed a swim observed by IISA:

Date: **01-Dec-2020**

Venue: **Lynford Waters**

Distance: **2026 metres**

Swim Time: **00:40:46.00**

Water Temp: **7.80°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Sue Robinson**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION