

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Thorsten Ullrich-Stegemann (53y) =

has completed a swim observed by IISA:

Date: 07-Dec-2019 Venue: Silbersee Langenhagen (GER) Distance: 1000 metres Swim Time: 00:17:27.68 Water Temp: 4.90°C Wind Chill: 0.00°C Stroke: Crawl

Observer: Marcus Reineke Germany

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION