



CERTIFICATE OF ACHEIVCMENET

This is to acknowledge that

stephanie lyness (58y) 

has completed a swim observed by IISA:

Date: 19-Feb-2022

Venue: Moira Lake Northern Ireland

Distance: 500 metres

Swim Time: 00:12:02.00

Water Temp: 4.20°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Chris Judge
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION