



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**stephanie lyness** (55y) 

has completed a swim observed by IISA:

Date: **25-Nov-2018**

Venue: **Wild Water Armagh**

Distance: **500 metres**

Swim Time: **00:13:02.02**

Water Temp: **5.20°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Ian Conroy**  
**Ireland**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**