



# CERTIFICATE OF ACHEIVCMENET

This is to acknowledge that

**stephanie lyness** (55y) 

has completed a swim observed by IISA:

Date: 25-Nov-2018

Venue: Wild Water Armagh

Distance: 500 metres

Swim Time: 00:13:02.02

Water Temp: 5.20°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Ian Conroy  
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**