

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Colin Lindsay (44y)

has completed a swim observed by IISA:

Date: 06-Jan-2019

Venue: Wild Water Armagh

Distance: 1000 metres

Swim Time: 00:17:17.19

Water Temp: 5.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: lan Conroy

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION