



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Colin Lindsay (44y) 

has completed a swim observed by IISA:

Date: **03-Dec-2018**

Venue: **Wild Water Armagh**

Distance: **500 metres**

Swim Time: **00:09:00.00**

Water Temp: **5.90°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Ian Conroy**
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION