



CERTIFICATE OF ACHEIVCMENET

This is to acknowledge that

Patrick Montgomery (34y) 

has completed a swim observed by IISA:

Date: 26-Jan-2019

Venue: Wild Water Armagh

Distance: 1000 metres

Swim Time: 00:20:30.31

Water Temp: 4.90°C

Wind Chill: 6.00°C

Stroke: Crawl

Observer: Ian Conroy
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION