

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Patrick Montgomery (34y)

has completed a swim observed by IISA:

Date: 08-Dec-2018

Venue: Wild Water Armagh

Distance: 500 metres

Swim Time: 00:00:10.11

Water Temp: 5.20°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: lan Conroy

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION