

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

jon southey (55y) 🚟

has completed a swim observed by IISA:

Date: 24-Dec-2021

Venue: Hurst Park Molesey River Thames

Distance: 1526 metres

Swim Time: 00:37:30.00

Water Temp: 6.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Lucy Ashdown Parkes

**Great Britain** 

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION