



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Aimee Jones** (38y) 

has completed a swim observed by IISA:

Date: **08-Nov-2019**

Venue: **Ottawa, Ontario, Canada**

Distance: **1117 metres**

Swim Time: **00:25:41.00**

Water Temp: **5.33°C**

Wind Chill: **-11.00°C**

Stroke: **Crawl**

Observer: **Matt Prince**  
**Canada**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**