



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Aimee Jones (43y) 

has completed a swim observed by IISA:

Date: **30-Nov-2024**

Venue: **Britannia Beach, Ottawa, Ontario, Canada**

Distance: **250 metres**

Swim Time: **00:05:53.68**

Water Temp: **3.83°C**

Wind Chill: **-2.00°C**

Altitude: **79 metres**

Stroke: **Crawl**

Observer: **Matt Prince**
Canada

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION