

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Alison O'Hagan (52y)

has completed a swim observed by IISA:

Date: 25-Nov-2018 Venue: Wild Water Armagh Distance: 500 metres Swim Time: 00:13:00.00 Water Temp: 5.20°C Wind Chill: 0.00°C Stroke: Crawl

Observer: lan Conroy Ireland

## KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION