



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Patricia Heffernan (56y) 

has completed a swim observed by IISA:

Date: **16-Dec-2018**

Venue: **Wild Water in Armagh**

Distance: **500 metres**

Swim Time: **00:09:10.00**

Water Temp: **5.00°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Ger Kennedy**
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION