

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Val Greenwood (65y)

has completed a swim observed by IISA:

Date: 05-Jan-2019

Venue: Hatfield

Distance: 1000 metres

Swim Time: 00:23:23.00

Water Temp: 5.50°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Kate Steels

Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION