



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Val Greenwood (64y) 

has completed a swim observed by IISA:

Date: **20-Jan-2018**

Venue: **Phish**

Distance: **854 metres**

Swim Time: **00:18:33.06**

Water Temp: **4.00°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Gary Scott-Lloyd**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION