

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sinead Martin (47y)

has completed a swim observed by IISA:

Date: 20-Jan-2021

Venue: Wicklow Harbour

Distance: 520 metres

Swim Time: 00:16:45.00

Water Temp: 4.80°C

Wind Chill: 4.00°C

Stroke: Crawl

Observer: Ger Kennedy

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION