



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sinead Martin (47y) 

has completed a swim observed by IISA:

Date: 09-Jan-2021

Venue: Cove

Distance: 775 metres

Swim Time: 00:29:49.00

Water Temp: 5.80°C

Wind Chill: 3.00°C

Stroke: Crawl

Observer: Ger Kennedy
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION