

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sinead Martin (47y)

has completed a swim observed by IISA:

Date: 19-Mar-2021

Venue: Cove

Distance: 1303 metres

Swim Time: 00:34:59.00

Water Temp: 7.90°C

Wind Chill: 8.00°C

Stroke: Crawl

Observer: Ger Kennedy

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION