

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Caroline McFarland (48y)

has completed a swim observed by IISA:

Date: 11-Feb-2018 Venue: Wild Water Armagh Distance: 1000 metres Swim Time: 00:19:51.00 Water Temp: 3.00°C Wind Chill: 2.00°C Stroke: Crawl

Observer: lan Conroy Ireland

## KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**