

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Adrian Sarchet (44y) H



has completed a swim observed by IISA:

Date: 22-Dec-2018

Venue: Aldeburgh, Suffolk, England

Distance: 2500 metres

Swim Time: 00:38:00.00

Water Temp: 8.60°C

Wind Chill: 7.00°C

Stroke: Crawl

Observer: Andrea Sarchet-Luff

Guernsey

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION