



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

carol lord (52y) 

has completed a swim observed by IISA:

Date: 25-Nov-2017

Venue: Hatfeild Activity Centre

Distance: 1600 metres

Swim Time: 00:40:00.00

Water Temp: 7.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Leon Fryer
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION