



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**DENIS O NEILL** (41y) 

has completed a swim observed by IISA:

Date: **28-Jan-2023**

Venue: **Wild water Armagh**

Distance: **500 metres**

Swim Time: **00:09:43.56**

Water Temp: **5.00°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Ian Conroy**  
**Ireland**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**