

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## DENIS O NEILL (40y)

has completed a swim observed by IISA:

Date: 19-Feb-2022 Venue: MOIRA LAKES, Ireland Distance: 500 metres Swim Time: 00:11:12.00 Water Temp: 4.50°C Wind Chill: 2.50°C Stroke: Crawl

Observer: Chris Judge Ireland

## KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION