



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Alice Goodridge (35y) 

has completed a swim observed by IISA:

Date: 25-Nov-2022

Venue: Torran Bay, Loch Awe

Distance: 1000 metres

Swim Time: 00:20:53.00

Water Temp: 5.80°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Leon Fryer
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION