

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Kathrin Runge (50y)

has completed a swim observed by IISA:

Date: 08-Dec-2019

Venue: Silbersee Ice-Cup 2019, Hannover, Germany

Distance: 500 metres

Swim Time: 00:10:18.75

Water Temp: 5.00°C

Wind Chill: 5.00°C

Stroke: Crawl

Observer: Marcus Reineke

Germany

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION