



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Melanie Holland (49y) 

has completed a swim observed by IISA:

Date: **01-Jan-2024**

Venue: **Leziate Lake, Norfolk, England**

Distance: **1509 metres**

Swim Time: **00:28:00.00**

Water Temp: **7.60°C**

Wind Chill: **0.00°C**

Altitude: **Sea Level metres**

Stroke: **Crawl**

Observer: **Catherine Markwell**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION