

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Melanie Holland (46y)

has completed a swim observed by IISA:

Date: 12-Dec-2020

Venue: Leziate Lake

Distance: 1250 metres

Swim Time: 00:22:58.00

Water Temp: 6.10°C

Wind Chill: 6.00°C

Stroke: Crawl

Observer: Alexander Begg

Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION