



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Deb Tyler (59y) 

has completed a swim observed by IISA:

Date: **01-Jan-2020**

Venue: **Thrybergh Country Park**

Distance: **508 metres**

Swim Time: **00:13:00.00**

Water Temp: **5.20°C**

Wind Chill: **6.00°C**

Stroke: **Crawl**

Observer: **Leon Fryer**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION