



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Shaun Hales (31y) 

has completed a swim observed by IISA:

Date: **08-Dec-2016**

Venue: **Little Baddow**

Distance: **1000 metres**

Swim Time: **00:24:19.00**

Water Temp: **5.00°C**

Wind Chill: **8.00°C**

Stroke: **Crawl**

Observer: **Leon Fryer**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION