



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Paul White (54y) 

has completed a swim observed by IISA:

Date: 03-Nov-2018

Venue: Tynemouth Beach

Distance: 1600 metres

Swim Time: 00:40:00.00

Water Temp: 8.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: James Bridges
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION