



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Paul White (53y) 

has completed a swim observed by IISA:

Date: 03-Jan-2018

Venue: ladyburn lake northumbria

Distance: 1200 metres

Swim Time: 00:21:00.00

Water Temp: 1.00°C

Wind Chill: 4.00°C

Stroke: Crawl

Observer: James Bridges
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION