



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Paul White (53y) 

has completed a swim observed by IISA:

Date: **03-Jan-2018**

Venue: **ladyburn lake northumbria**

Distance: **1200 metres**

Swim Time: **00:21:00.00**

Water Temp: **1.00°C**

Wind Chill: **4.00°C**

Stroke: **Crawl**

Observer: **James Bridges**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION