



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Paul White** (52y) 

has completed a swim observed by IISA:

Date: 19-Nov-2016

Venue: ellerton lake

Distance: 1500 metres

Swim Time: 00:35:00.00

Water Temp: 5.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: James Bridges  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**