



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Craig Holmes** (38y) 

has completed a swim observed by IISA:

Date: **21-Jan-2023**

Venue: **Parliament Hill Lido**

Distance: **793 metres**

Swim Time: **00:12:58.00**

Water Temp: **3.00°C**

Wind Chill: **3.00°C**

Stroke: **Crawl**

Observer: **Jeremy Irvine**  
**Great Britain**

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**