



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Craig Holmes (33y) 

has completed a swim observed by IISA:

Date: 20-Jan-2018

Venue: Parliament Hill Lido, London

Distance: 854 metres

Swim Time: 00:12:39.00

Water Temp: 4.00°C

Wind Chill: 4.00°C

Stroke: Crawl

Observer: **Jeremy Irvine**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION