



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Phyllis Ho (47y)** 

has completed a swim observed by IISA:

Date: **08-Jan-2017**

Venue: **Brighton Beach, Brooklyn, NY**

Distance: **500 metres**

Swim Time: **00:10:35.00**

Water Temp: **5.00°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Hsi-Ling Chang**  
**United States**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**