



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Ruth Williamson (54y) 

has completed a swim observed by IISA:

Date: **21-Dec-2019**

Venue: **Andark lake**

Distance: **1260 metres**

Swim Time: **00:30:04.00**

Water Temp: **6.90°C**

Wind Chill: **8.00°C**

Stroke: **Crawl**

Observer: **Debbie Cox**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION