



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Patrick Bolster** (50y) 

has completed a swim observed by IISA:

Date: 05-Dec-2015

Venue: Gydnia Poland

Distance: 450 metres

Swim Time: 00:11:00.00

Water Temp: 4.20°C

Wind Chill: -8.00°C

Stroke: Crawl

Observer: Ger Kennedy  
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**