



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Charalampos Theodosis (43y)** 

has completed a swim observed by IISA:

Date: **22-Feb-2020**

Venue: **Sandford Lido, Cheltenham, UK**

Distance: **1000 metres**

Swim Time: **00:17:44.59**

Water Temp: **6.50°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Kate Steels**  
**Great Britain**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**