



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Adam Boon** (51y) 

has completed a swim observed by IISA:

Date: 10-Jan-2026

Venue: Rother Valley Country Park

Distance: 1000 metres

Swim Time: 00:21:57.18

Water Temp: 1.90°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Breast

Observer: Leon Fryer  
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**