



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Alistair Bell** (32y) 

has completed a swim observed by IISA:

Date: **16-Dec-2018**

Venue: **Tal Y Llyn**

Distance: **491 metres**

Swim Time: **00:00:10.00**

Water Temp: **5.00°C**

Wind Chill: **10.00°C**

Stroke: **Crawl**

Observer: **Colin Hughes**  
**Great Britain**

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**