

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

David Barlow (58y)

has completed a swim observed by IISA:

Date: 29-Dec-2019

Venue: Duck Bay, Loch Lomond, Scotland

Distance: 950 metres

Swim Time: 00:24:05.00

Water Temp: 5.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Karen Weir

**Great Britain** 

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INTERNATIONAL ICE SWIMMING ASSOCIATION