



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sian Clement (45y) 

has completed a swim observed by IISA:

Date: 28-Nov-2022

Venue: Keeper's Pond

Distance: 2250 metres

Swim Time: 00:46:04.00

Water Temp: 6.10°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Cath Pendleton
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION