



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Alistair Bell (31y) 

has completed a swim observed by IISA:

Date: 14-Jan-2018

Venue: Keepers pond, Blaenavon, Wales

Distance: 714 metres

Swim Time: 00:17:47.00

Water Temp: 1.40°C

Wind Chill: 4.00°C

Stroke: Crawl

Observer: Viki Brice
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION