



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Chris Cook** (42y) 

has completed a swim observed by IISA:

Date: **04-Feb-2023**

Venue: **Divers Cove**

Distance: **1065 metres**

Swim Time: **00:17:54.00**

Water Temp: **4.90°C**

Wind Chill: **5.00°C**

Altitude: **Sea Level metres**

Stroke: **Crawl**

Observer: **Nigel Robson**  
**Great Britain**

**KEEP SAFTEY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**