



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Rosalind Edmonds (56y) 

has completed a swim observed by IISA:

Date: 08-Jan-2017

Venue: Keepers Pond, Blaenavon

Distance: 650 metres

Swim Time: 00:00:15.00

Water Temp: 3.90°C

Wind Chill: 7.20°C

Stroke: Crawl

Observer: Cath Pendleton
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION