



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Thorsten Ullrich-Stegemann (53y)** 

has completed a swim observed by IISA:

Date: 08-Dec-2019

Venue: Silbersee Langenhagen (GER)

Distance: 500 metres

Swim Time: 00:08:35.77

Water Temp: 5.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Marcus Reineke  
Germany

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**