



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Frank Hallissey (38y) 

has completed a swim observed by IISA:

Date: **30-Dec-2019**

Venue: **Castleconnell Boat Club**

Distance: **1250 metres**

Swim Time: **00:24:18.00**

Water Temp: **6.30°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Mark Dempsey**
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION